



*"The doors are open and women have more career opportunities in the fire service than ever before."*

- Fire Chief Tracey Hansen

*"I am encouraged that more women are entering this rewarding profession."*

- Firefighter Paramedic Laura Hernandez

*"We need to ensure all young women know they can achieve and enjoy a career in the fire service."*

- Fire Captain Judi Cutaia



For more information about a career in the fire service, contact your local fire department or visit the California Firefighter Joint Apprenticeship Committee's website at

[www.cffjac.org](http://www.cffjac.org)



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**If you can do this...**



# You can do this!

## DO YOU HAVE WHAT IT TAKES?

Think the fire service isn't right for you?

Think again.

If you're sports-minded, have a passion for the outdoors and a strong desire to help others, you're exactly what the fire service needs to succeed.

Called upon to deliver everything from life-saving emergency medical aid at the scene of an accident to urban search and rescue in the wake of major disasters, modern first responders do more than fight fires. They combine physical strength, mental acuity and dedicated training to save lives and make a difference in the communities they serve.



## COMPASSION, CONVICTION AND COMMON SENSE

Regardless of the challenge at hand, firefighters face each emergency response with courage and, more importantly, common sense. Because of their compassion and dedication to do right by others, firefighters have earned the public's respect and trust.

Firefighters are bonded by their sense of duty and purpose to protect lives and property.

## PHYSICAL STRENGTH, PHYSICAL FITNESS AND TEAMWORK

Sound mind, sound body.

You don't need to be an Olympic gold medalist to pursue a rewarding career in the fire service, but staying fit and active is critical to your success. Due to the physical nature of the profession, firefighters are committed to regular exercise and living a healthy lifestyle.

Like any player on a successful team, every firefighter is called upon to make an important contribution on the front lines. Firefighters need to know that the brother and sister working alongside them has "got their back."

From firefighter, to engineer, to captain...teamwork and trust are paramount.

## CAL-JAC'S WOMEN'S COMMISSION

Cal-JAC's Commission to Recruit Women for the Fire Service is dedicated to reaching out to women who have the potential to become firefighters and encouraging them to seek out a career in this proud profession. Every year, the Commission sponsors career expos around the state that provide an opportunity for prospective candidates to interact with fire departments and learn how to enter and sustain a successful career in the fire service.